



Suzy's Little Peanuts Day School, LLC Illness Policy

The following information reflects SLP illness policies, which have been created with consideration of the CDC, VT Department of Health, and VT State Childcare Regulations.

If your child is sick with any of the illnesses/symptoms noted below or is in clear discomfort/unable to participate, his/her teacher will contact the Director, who will approve/deny exclusion of care.

When a child is sent home due to illness, a Discharge Form will be completed to be signed by the family and SLP staff representative - please follow return instructions.

If medical attention is necessary, the child can return when no longer contagious and can participate. Please note that a Doctor's note does not always mean children can return to care, especially when the note contradicts our policies. Doctor's notes should always be specific to the symptoms.

Please communicate any ongoing medical conditions to your Director, accompanied by medication/treatment plans. Please note that medications to be administered during care require Medication Administration Permission Forms.

The following symptoms/illnesses/diseases will exclude your child from school:

- **Fever:** A temperature of **100.4°F** or higher. Children stay home until they are fever-free for at least 24 hours without the use of fever-reducing medication.
- **Vomiting:** Any episode of vomiting in the past 24 hours, especially if accompanied by other symptoms like fever or stomach pain.
- **Diarrhea:** Loose/watery stools that cannot be contained in a diaper or toilet (toilet-trained child) or stool frequency that is above 2 times more than the child's normal. Children should remain home until symptoms resolve for at least 36 hours.
- **Severe or persistent cough:** A constant cough, worsening, or causes breathing difficulty, which can be disruptive or signal an infection.
- **Runny nose with green or yellow mucus:** Especially if accompanied by other symptoms like fever, cough, or fatigue, indicating a possible infection rather than allergies.
- **Rash:** Any new rash with fever, behavioral changes, or rash that is oozing/open wound that can't be covered should be evaluated by a healthcare provider, or symptoms resolved before returning to school.
- **Mouth Sores:** Accompanied by drooling and/or unable to participate.
- **Eye discharge (pink eye):** Red, irritated eyes with discharge may indicate conjunctivitis, which is contagious and requires medical attention, or all symptoms must be alleviated before returning.
- **Lethargy or unusual fatigue:** Excessive tiredness or inability to participate comfortably in activities may mean a child is too ill to attend school.



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- **Difficulty breathing or wheezing:** Any breathing issues should be evaluated by a healthcare provider before the child returns to school.
- **Head Lice:** Exclude until the child and household have been treated and ALL nits have been removed.
- **Contagious illnesses:** Diagnosed infections like flu, strep throat, COVID-19, RSV, or chickenpox should keep children home until cleared by a doctor and until they're no longer contagious/exhibiting symptoms.

Please let us know if your child has been diagnosed with a contagious illness. There are circumstances when we are required to post the illness and/or report to the VT Dept. of Health.